

breakfast

Breakfast items are available until 10:45am Mon-Fri, 12n Sat-Sun

- Toast to Health* VT** 8⁵
Multi-grain toast topped with mashed avocado, lime, fresh spinach, one egg your way
- Oh My Omelette VT** 12⁵
Three-egg omelette with sautéed mushrooms, onions, spinach, coconut bacon, goat cheese, tomatoes, multi-grain toast
- Morning Wrap Up** 9⁵
Organic scrambled eggs, smoked turkey, broccoli, white cheddar, red pepper + walnut spread, whole wheat tortilla, served with apple slices
- Ready, Set, Go GF · V** 9
Steel-cut oats with Vega® vanilla protein, almond milk, topped with walnuts, cranberries, apples, hemp seeds, cinnamon
- Savory Breakfast Bowl GF** 9⁵
Two poached eggs, quinoa, avocado, cilantro pesto, sun-dried tomato, topped with hemp seeds and toasted pine nuts
- Let's Go! v** 5⁵
with almond butter, coconut bacon, hemp seeds, honey drizzle

beverages & caffè

- Coffee** 3⁵
- Bulletproof™ Coffee** 6⁵
Organic coffee, MCT oil, grass-fed butter
- Latte | Cappuccino** 5
Organic cow milk, almond milk, coconut milk, or oat milk
- Mocha Mint Latte SEASONAL** 8
Espresso, peppermint, cacao, agave, choice of milk
- Hug In A Mug** 6⁵
Steamed almond milk, coconut milk, maple syrup, vanilla, ginger, turmeric, spices add espresso +2
- Matcha Latte** 6⁵
Matcha, choice of agave, honey, or maple syrup, choice of milk
- Ashwagandha Latte** 6⁵
Ashwagandha, almond milk, coconut milk, maple syrup, cinnamon
- Charcoal Lavender Latte** 6⁵
Espresso, almond milk, maple syrup, vanilla, lavender, charcoal
- Collagen Chai** 6⁵
Chai, collagen, coconut butter, choice of milk
- Maca Mocha** 6⁵
Espresso, almond and coconut milk, cacao, maca, maple syrup, cinnamon, vanilla
- Iced and Hot Tea** see counter for full tea menu 2⁵
- Homemade Lemonade** see counter for flavors 3⁵
- Kombucha** see counter for flavors 5|7



LEAWOOD

10573 Mission Road,
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LENEXA NOW OPEN!

8729 Scarborough St,
Lenexa, KS 66219
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Visit our website for our business hours.
Prices and availability subject to change.

winter 2025
v2



cold-pressed juices

- Cleansing Detoxifying, Hydrating, Anti-Inflammatory, Fat-Burning**
Green apple, lemon, zucchini, cucumber, kale, spinach, romaine, parsley, ginger, sea salt
- Metabolizing Fat-Burning, Detoxifying, Alkalizing**
Ruby Red grapefruit, green apple, fennel, lemon, sea salt
- Oxygenizing Energizing, Post-Workout, Heart Health, Brain Focus**
Orange, green apple, beet, cucumber, basil, sea salt
- Rejuvenizing Immune-Boosting, Anti-Inflammatory, Anti-Oxidant**
Carrot, pineapple, cucumber, fennel, ginger, sea salt
- Greenzing No Sugar, Alkalizing, Anti-Inflammatory, Mineralizing**
Cucumber, lemon, spinach, swiss chard, fennel, ginger, sea salt
- Celery Juice** 100% organic celery juice
Immune-Boosting, Anti-Inflammatory, Toxin Removal, Liver Health
- Illuminizing SEASONAL**
Warming, Anti-inflammatory, Digestion, Vitamin C, Glowing Skin
Pear, green apple, cucumber, lemon, ginger, turmeric, cloves, nutmeg, cinnamon, vanilla, sea salt

8oz glass - 5⁵ | 16oz bottle - 10

smoothies

- Tastes-Like-Ice-Cream Kale Energy, Protein, Digestion** 9⁵
Kale, banana, cashews, dates, vanilla, ginger
- Blueberry Brain Booster Energy, Brain Focus, Digestion, Detox** 12
Blueberries, banana, almond milk, chia, flax, hemp, cinnamon, choice of maple syrup or dates
- Mighty Mojo Energy, Protein, Workout Endurance & Recovery** 9⁵
Raw coconut water, banana, almond butter, cacao, maca, chia, Vega® chocolate protein powder
- Sunrise Warrior SEASONAL 500% Daily Vitamin C, Immunity, Protein** 9⁵
Orange, strawberry, red bell pepper, camu powder, coconut milk, Vega® vanilla protein powder, cayenne
- Winter Wonder SEASONAL** 10
Almond milk, cacao, peppermint, banana, cashews, almond butter, oats, maple syrup

One Size | 16oz

smoothie bowls

Substitute Grain-Free Topping +1

Crushed almonds, walnuts, coconut flakes, hemp seeds, cinnamon

- Clean Livin' GF · V · O** 13
Açaí, banana, blueberries, Vega® vanilla protein, almond milk, topped with granola and flax seeds
- Gorgeous GF · V** 12
Dragonfruit, pineapple, banana, dates, coconut milk, topped with granola and hemp seeds
- Green Beauty GF · V** 12
Avocado, spinach, banana, oats, almond butter, almond milk, topped with granola and chia seeds
- Strawberry Rose Ice Cream GF · V** 12
Strawberry, banana, rose water, dates, cashews, vanilla, almond milk, topped with granola

small plates

- Guacamole Goodness** GF · V 9
Fresh guacamole served with organic tortilla chips
- Chickpea Hummus** GF · V 8
House-made hummus served with GF crackers
- Yin, n' Yang** GF · V 8
Roasted red pepper and walnut spread + original chickpea hummus, served with GF crackers
- Crispy Chicken Tenders** GF **NEW!** 8⁵
House-made chicken strips served with a lemon garlic dipping sauce
- Roasted Brussels Sprouts** GF · V **SEASONAL** 9
with coconut bacon, walnuts, grilled onion, stone mustard dressing
- Homemade Soups** GF 5 | 6⁵
 - Chicken and Vegetable, in a lemon ginger broth
 - Daily Vegan Soup

handhelds

Gluten-Free Bread +2.5 | Vegan Cheese +1.5

- Mexicali Cool Wrap** 14
Chicken, Mexican coleslaw, guacamole, white cheddar, cilantro pesto, whole-wheat tortilla
- Tuscan Wrap** 14
Chicken, goat cheese, bruschetta, spinach, balsamic glaze, cilantro pesto, whole-wheat tortilla
- Spicy Rooster Sandwich** 14
Chicken, avocado, lettuce, tomato, jalapeño aioli*, toasted multi-grain bread
- Gobble It Up Sandwich** 13⁵
Turkey, white cheddar, coconut bacon, tomato, lettuce, Dijon-mayo*, multi-grain bread
- Trail Hike Sandwich*** 13⁵
Tuna, avocado, apples, cranberries, walnuts, onion, celery, Dijon-mayo, multi-grain bread
- Vegelicious Wrap** v 13
Mixed greens, avocado, quinoa, tomato, red onion, almonds, red pepper + walnut spread, balsamic vinaigrette, whole-wheat tortilla

Handhelds Include Choice Of:

Green Salad | Tortilla Chips | Soup Cup +3

large plates

- Chicken Parmesan** GF *this item may take 15+ minutes to prepare* 18
Lightly breaded chicken breast with parmesan, house-made marinara and pesto, served with mashed cauliflower and broccoli
- Salmon + Goat Cheese** GF 19⁵
Wild-caught salmon and goat cheese with balsamic reduction, served with mashed cauliflower and broccoli
- Fiesta!** GF 16
Chicken, brown rice, black beans, Pico de Gallo, guacamole, Guajillo red sauce, lime **MAKE IT VEGAN: SUB CHIPOTLE TOFU**

warm bowls

- Take On The World** GF · V · O 13
Red and white quinoa, avocado, kale, broccoli, beets, almonds, hemp seeds, ginger-miso dressing
- Pals Forever** GF 14
Chicken, broccoli, mushrooms, carrots, peas, grilled onions, Mojo sauce
- Ahi Poke*** GF 18
Sesame crusted seared ahi tuna, fresh mango, pickled ginger, avocado, cucumber, sweet potatoes, umami rice, soy glaze
- Great Catch** GF · O 17
Alaskan wild-caught salmon, sautéed kale, caramelized sweet potatoes, onion, celery, citrus-ginger vinaigrette
- Countryside** GF · O 15
Cauliflower rice, chicken, cilantro pesto, peas, topped with diced tomatoes, shredded carrots, microgreens
- Boho Bowl** GF · V 13
Cauliflower rice, broccoli, purple cabbage, shredded carrots, mushrooms, celery, citrus-ponzu sauce, topped with miso-mayo and hemp seeds
- Pura Vida** GF · V 14⁵
Chipotle glazed tofu, brown rice, red cabbage, pickled onion, avocado-lime crema, avocado, cilantro, lime
- Terra Bella** GF · V **SEASONAL** 14
Vegan lasagna with roasted zucchini, eggplant, marinara, house-made cashew cheese

ADDITIONAL PROTEIN

Wild Caught Salmon + 9 Alaskan Wild Caught Sockeye	Free-Range Chicken + 5 Antibiotic & Hormone Free
Albacore Tuna + 4 Certified Sustainable	Seared Ahi Tuna + 8 Sesame Crusted
Hard Boiled Egg + 1 Certified Sustainable	Chipotle Tofu v + 4 Certified Organic

fresh salads

- Farmer's Market** GF · VT · O 14
Mixed greens, avocado, tomato, broccoli, carrots, beets, peas, cucumber, almonds, Manchego cheese, balsamic vinaigrette
- Bountiful** GF · VT 14
Massaged curly kale, coconut bacon, goat cheese, roasted squash, granola, cranberries, pecans, smokey balsamic dressing
- Fit Caesar** GF 14⁵
Romaine, chicken, avocado, cherry tomatoes, parmesan, crispy capers, gluten-free croutons, black pepper, vegan Caesar dressing
- Emerald City** GF · VT **SEASONAL** 13
Kale and cabbage ribbons, quinoa, toasted cashews, parmesan, golden raisins, honey sesame vinaigrette
- Classico** GF 15
Butter lettuce, turkey, white cheddar, egg, avocado, tomato, red onion, Kalamata olives, hemp seeds, zesty Italian dressing

desserts

- Chocolate Caramel Mousse Torte** GF · V 7⁵
- Seasonal Dessert** GF · V **SEASONAL** 7⁵

* Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase risk of foodborne illness.

GF gluten-free · V vegan · VT vegetarian · O organic (85% or more)